

Media Release
Bi, Hung, Fit ... and Married
<http://www.bihungfit.ca>

For Immediate Release, 15/04/21 Arts & Entertainment | Theatre | Lifestyle | Queer
Pleasure Salon, Sponsored by Club 8x6, in association with the Centre for Sex and Sexuality
present: **Bi, Hung, Fit... and Married**

Two Nights May 28, May 29 – 8:00pm | Tickets \$20

For tickets <http://www.brownpapertickets.com/event/1475831>

For full details and show times, please go to <http://www.bihungfit.ca>

Media Contact: Lianna Walden / 604-818-9688 / info@liannawalden.com

Bi, Hung, Fit ... and Married

by Mark Bentley Cohen



Just back from a successful run in New York City (click [here for reviews](#)), BHF+M is back in its hometown of Vancouver for an exclusive engagement.

BHF+M is a risqué, autobiographical one-person show about a couple's decision to end their ailing 15-year marriage and form a new partnership to accommodate their desire for sexual growth and freedom beyond the bounds of monogamy.

Marco's bisexuality is a catalyst for the couple's much-needed change, and begins the process of self-discovery for both of them as they allow each other to explore evolving emotional and sexual needs. It takes an exceptional woman to accept this kind of revelation from her husband – and then to admit that she too wants more: from life, her partner, her marriage, herself.

Conventional wisdom dictates that consensual non-monogamy is the ultimate marital risk. It's certainly not a recipe for success. Or is it?

"This was a most remarkable production, and I whole-heartedly recommend it to anyone with an interest in exploring the complexities, contradictions, and subtleties of contemporary marriages and relationships." Dave Doleshal, Ph.D., UC Berkeley, organizer of the "International Conference on the Future of Monogamy and Non-Monogamy"

BHF+M headlined at the BECAUSE Conference in Minneapolis in June 2014. During the Queer Arts Festival in Vancouver July 2013 it was the "Critics Choice" for theatre in The Globe and Mail. The raw honesty of this play is the reason for its appeal: queer, straight, old, young, married, divorced and single, reactions are overwhelmingly positive

Our sponsor and venue location, Club 8x6, is the perfect match for the boundary pushing content of BHF&M. The club's atmosphere and energy are transformative. The outside world is left behind as you descend the stairs into a venue where everyone has the freedom to explore and express their authentic sexual selves in safe, consensual, non-judgmental ways. Club owner Zoll Ruskin has been entrusted by the City of Vancouver to manage this pilot project as the only venue in North America legally licensed to have consensual sexual activity take place along with alcohol consumption..

Mark Bentley Cohen is a writer, performer, speaker, counsellor and philosopher. He is an active participant in bisexual issues world-wide running two groups for bisexuals in Vancouver. His new book, "Confessions of a Bisexual Husband", has already changed the lives of countless people.

Lianna Walden is a transformational sex and relationship coach. As a workshop facilitator, blogger and speaker on sexuality Lianna challenges traditional societal beliefs helping people open to, accept and embrace their own unique self.

Together, as Directors of the new Centre for Sex and Sexuality opening in Vancouver soon, they offer workshops, host meet-up groups, present seminars and offer coaching on many topics related to sex and relationships.

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E-Kit: <http://www.bihungfit.ca/mediakit.html>
Promo Video: <http://www.bihungfit.ca/>

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"BHF&M takes the audience on a raucously funny, heartfelt and erotic ride ." - Stage Buddies, New York

"Mark Bentley Cohen is a great storyteller" – The East, New York

"The script is taut, well-paced and above all honest, which makes it such a sexy show."

-Plank, Vancouver